

VOL. VI. JANUARY, 1889. No. 1.

Mental Science MAGAZINE

CHICAGO.

MRS. KATIE L. SWARTS, EDITOR AND PUBLISHER,

337 WASHINGTON BOUL., CHICAGO, ILL.

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MENTAL SCIENCE MAGAZINE

"Behold, I will bring it Health and Cure, and I will cure them, and will reveal unto them the abundance of Peace and Truth."

VOL. VI.

JANUARY, 1889.

No. 1.

For Mental Science Magazine.

Wait!

EDWARD R. KNOWLES, PH. D., D. C. L.

We are all familiar with the almost axiomatic saying that "one important condition of success is waiting." There are processes in the providence of the Eternal Wisdom which cannot be hurried. There are things to be done which not only require labor and skill, but also time. No mortal power can dispense with this element. There are things which can only be had by those who wait. "The husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain." There is no other way, he must wait.

The healer and surgeon must wait, the error and delusion of disease cannot be at once dispelled, the fractured bone cannot be made whole in a day. Time must assuage grief, and days and months must elapse ere the anguish of the broken heart is healed. So in the dispensations of the Wisdom; he who setteth up and casteth down takes time to bring the beggar from the dunghill to the throne, and the monarch from the throne to the dunghill.

Under many circumstances of trial, the question on which the issue depends, is "Can you wait?" If you can wait, all things will come right; if you cannot wait, all things will surely go wrong. Job must wait, while afflictions beset him, while

friends accused him, while evil powers assailed him, till the Divine Wisdom delivered him in due time. David must wait, while Shimei cursed, and while the zealous Abishai desired to go and bring the head of the "dead dog" who insulted the king; but David could wait, and did wait until, having gone forth in tears, he returned in grateful triumph.

In the grand unfoldings of the providence of the Wisdom, we are constantly taught the lesson of waiting. Do we learn to wait? Can we wait, amid wrongs and injustice, until the righter of wrongs, the Eternal ONE, moves in our behalf? Can we wait until lying lips are silenced, until falsehood has run its malicious course? Can we wait while wrong-doers triumph, and iniquities prevail? Can we wait while we are misjudged, misrepresented, and misused? Can we wait while craft and fraud are triumphant, while friends forsake us, and while good men, deceived and misinformed, turn from us? Can we wait when friends become our accusers, and when enemies triumph over us? If we can wait with patience we shall not wait in vain. Wrong-doers go down, and those they have wronged go up; lies perish and truth triumphs. The wheat and the tares may grow side by side; but the harvest is coming, and the Eternal Spirit is the reaper; and while the wheat goes to the garner, the tares shall perish in the flames.

Providence, R. I.

For Mental Science Magazine.

Those Faithful Women.

ADDISON D. CRABTREE, M. D.

One great cause of the failure of Judaism is to be traced to the exclusion of woman from the Jews' deliberations, in state, in religion, and social proceedings. This is too evident to admit of argument. Jesus came and introduced a different regime. From the very first we find him in Galilee, surrounded by her influence, society and pecuniary encouragement. No sooner was His band of disciples organized with a scribe, speaker, and treasurer, than woman began to contribute to the support of the Gospel. Many, even at this day, overlook this fact, but fact it is. Jesus had support like other Rabbi, and we have record of the fact.

Among those wealthy contributors, take women, "Mary Magdalene, Joanna, the wife of Herod's steward, Chuza, Susanna, with many others," beside whom we find Mary and Martha of Bethany, who always provided Jesus and His disciples a home while in and around Jerusalem, during three years. "This band of thirteen could not travel from place to place, in circuits often embracing a hundred miles, and occupying from a week to many months, without money to defray expenses." See "Journeys of Jesus," p. 227.

But it is more particularly of Mary Magdalene that I desire to call attention in this respect, whose faithfulness to the cause is an example of others named and unnamed.

When Jesus opened the Galilean ministry, Mary was a desperate maniac, confined at the little military post, Magdalia,* a few miles from his home. It was after Jesus' return from Nain, Autumn of 28, A.D., that He restored Mary of Magdalia. He had then been to the relief of a distressed widow of Nain.—Luke, vii., 11. Mary is not mentioned till later, after

which we find her His constant companion and support.

From that hour she never forsook her Savior. Throughout the Galilean circuits she followed the work of Master and disciple. In the second visit to Nazareth she was there. By river and valley, across desert and mountain, where bleak winds whistled and summer's heat scorched, where foxes dened and fowls made their nests, but the Son of Man had not where to lay his head, the holy women of Galilee were found ready to administer to His necessities. * * * * *

When condemned to death and while being led to the cross, we find these women again following Jesus, to whom He finds opportunity to speak a consoling word by the wayside. After the cruel act, and while he was suffering on the cross of Calvary, they stood afar off, for modesty's sake, weeping and awaiting the end. When night put on her sable garments, and none else lingered but the rude barbarian soldiers, we find these constant women but just leaving the tomb and returning to the city. Respecting the sanctity of the Jewish Sabbath, they lingered till "morning of the third day," when we discover, through the misty dawn, these same laboring women returned to the sepulcher, with spices and linen which they had purchased, to complete the embalming of the dear body of their Lord. Such constancy and gratitude the world never before witnessed!

What an example was here for all future women! And how well have they regarded it, is only known to themselves and their God! Christ recognized the aid which women would henceforth render to the "Kingdom of God," by first revealing its secret to the "woman of Samaria," for it is a fact that to this despised woman He first stated His Messiahship. After His departure from earth we find those same constant Galilean women uniting with the disciples in the first work.—Acts, i., 4.

Paul, while because the Jews' law re-

*Magdalia means "watch-tower," a military outlook.

quired women to keep silent in the synagogues (I Cor. xiv., 34), was greatly aided by women in his promulgation of the Gospel. And thus it has been to this day of Christian advancement; women have been first and last working and contributing to its success.

Is there any good work in which the hand of woman is not made manifest? Her unselfishness and disinterestedness are marvelous. The exceptions to this are few.

There is no need to point her out whose work is for selfish ends, for mercenary motive, for self-aggrandizement, though she pretend never so much "Holiness unto the Lord." She will go down, and that speedily, to dishonor and oblivion.

Faithful women, in the work of Truth, look not at this picture and despair because wealth and immediate success do not follow your honest labors. God sees all. The Living God! One and all who work and pray for the good of humanity, doubt not that He, who is all goodness, will recognize your highest efforts for good. Some men feign to despise women's work; but do not scrutinize such men too closely; they cannot bear it! Especially do some reject Mental Science because it seems, at this hour, mostly the work of women. What would such even be but for women? Well, they are scarce, and would be *mighty* scarce but for women!

All facetiousness aside, woman must go on with this, and every good work, or goodness will fail in the earth. The present and future goodness and greatness of our nation depend on woman's efforts. Education, temperance, the purity of politics, morals and religion, depend upon her henceforth as in the past. Let all good men and women see and believe this, and so advance in purity and holiness. "And all things else shall be added thereunto."

P. S.—I hope the above will be applied to this MAGAZINE, and to the woman who has its government upon her shoulders. With your aid and encouragement she will make the work a success.

Boston, Mass.

For Mental Science Magazine.

Is it Faith?

SARA E. COOMBS.

How often I am asked the question, "Is it Faith?" and in reply, say: True Faith is the genuineness of a pure life. In other words, it is the perception and acknowledgement of truth from a right understanding of it. This is not gained in a moment. Faith is a gift of time; it grows in us. Man is spiritual, therefore capable of understanding spiritual and theological truth. We must see and comprehend what we think. By leading a good life our spiritual vision is opened, and through obedience to the truth we are enabled to perform uses. A living faith is attained when we believe and can do the works. God's seal is upon it. In the words of St. John, "If any man will do His will, he shall know of the doctrine, whether it be of God."

Foxboro, Mass.

Curious Case of Sea-Sickness.

One night recently, a young man boarded the Hudson river steamer for New York with his widowed mother, who had never traveled on water, of which she had a horror. The old lady's step became more tremulous as she approached the boat, and, after some hesitancy and expressions of her fears of sea-sickness, she was escorted aboard and safely deposited on one of the comfortable cushioned seats in the main saloon. Her son then left her, and returning half an hour later inquired how she felt. She answered: "I am deathly sick. Can't you do anything for me?" The son replied: "Mother, the boat has not yet left the dock." In imagination she had been tossing on the deep, but the son's reply cured her sickness.—*Albany Journal*.

"We are sick because we know not how to be well; weak, because it has never entered our minds that we might be strong."

"The Healing of the Nations."*

[CONCLUDED.]

"How very little man knoweth of himself.

"Is not spirit the controlling power? It is connected with every part of thee. It is the intelligent principle, through and by which man discerns that which he understands.

"Then, cannot spirit in affinity with, and having the confidence of the suffering man, see instantly, through this intelligent controlling principle, the disease and the cause of it?

"It is not the outward eye that sees. The eye that is invisible, and which, the true and ever living organ of sight, is connected with, and seated in every human being, and the outer eye is but the machine which it uses.

"The spiritual eye sees most clearly when the outer vision is perfectly under its control, yet *it can see* without the use of the outer eye at all.

"The controller of all is God. From Him branch off rays of intelligence, penetrating all space, pervading the spirit of man, and giving every creature all it knoweth, or can know.

"At the fountain all the effects are visible. To open thy spiritual vision, oh, physician, go thou to this fountain which hath its connecting bond within thee, and humbly ask permission to drink thereat. What is plainer than that God, the creator of all, must know all perfectly, and if He knoweth, will He not give unto thee, if deserving?

"Oh, measure not God's bounty in thy own selfish measure.

"Books upon bones, muscles, blood, and nerves, are piled high upon the physicians' shelves, but where are they which illustrate clearly the spiritual controlling power and those parts of the machine it controls?

"The beginning is entirely deserted, consequently the desired end is not attained.

"Let the first question in medical books be, *What is spirit?* the second, *What is its proper connection with its Creator?* the third, *What is its connection with the animal life of man?*

"Let these, answered correctly, be the foundation of the system, and disease will be removed from the inheritance of man. Think not, oh timid physician, that thy occupation would cease!

* * * * *

"Profess to regulate man, and know not why he hath motion! Heal flesh at the expense of spirit! Trample heedlessly under foot God's greatest production!

"Physician, if thou art so ignorant, learn, ere thou dost attempt to stand between God and His child.

"There is little known of the true science of healing. Drugs are looked upon as necessary. If this be the case, why were they not allotted a separate apartment in thy individuality? Why not desire them as food and drink?

"True knowledge will sweep drugs into the earth, whence they came. They are necessary unto the harmony of creation, but their being created does not impose upon man the duty to eat and drink them instead of food.

"Man, if a physician visits thee, ask him to tell thee what the life *is*, that he would save. If he know not, tell him to depart, and put thyself in God's hands.

"Oh, physician, seek higher; search within. There are purer and holier truths to reward thee. In God's pure light there are no mysteries; all is clear and transparent, for none enter His presence who wish to pervert the light. Oh, seek this pure and holy gift, and before thy astonished vision will open the *book of life and love*, and, behold, thou dost see before thee the cause and controlling power of all life!

*The above article, from the *Esoteric*, was credited, through mistake, in our December issue "For Mental Science Magazine." We cheerfully make the correction in this number, as we believe in the maxim of "Honor where honor is due."—Ed.

"Oh, seek thy Father's aid, and think not that because He is seldom, if ever, mentioned in the books of the dead thou hast studied, that He is afar off, and only to be reached by a choice few on earth!

"God is near thee, around, and in thee, and knoweth thy every thought and action; oh, listen to His loving voice! Thou canst not know the forgiving kindness and sustaining help of an all-wise Parent, until thou dost in humility seek him within thyself. Therein He is always manifest. Listen, and learn of His own Holy voice the mysteries of thy being, and fearlessly impart thy knowledge unto man."

For Mental Science Magazine.

Our Thoughts.

CHAS. W. CLOSE, PH.D.

What'er our thoughts of life may be,
Whether of joy or woe;
Whether the best of life we see,
As we wander to and fro;
Like these thoughts our lives will be;
We cannot from them go.

Do we fill our hearts with fear,
With vain thoughts of life,
Thoughts that make all things look drear,
Full of bitterness and strife,
Without a hope our souls to cheer?
Like these will be our life.

But if our thoughts be from above,
Filled with harmony divine,
Flowing from the God of Love,
Bringing with them bright sunshine,
Then will our thoughts of perfect love
Make our lives sublime.

Secret Thoughts.

I hold it true that thoughts are things
Endowed with being, breath and wings,
And that we send them forth to fill
The world with good results or ill.

That which we call our secret thought
Speeds to the earth's remotest spot,
And leaves its blessings or its woes
Like tracks behind it, as it goes.

It is God's law. Remember it
In your still chamber as you sit
With thoughts you would not dare have known
And yet make comrades when alone.

These thoughts have life, and they will fly
And leave their impress by and by
Like some March breeze whose poison breath
Breathes into homes its fevered death.

And often you have quite forgot
Or all outgrown some vanished thought;
Into some mind, to make its home,
A dove, or raven, it will come.

Then let your secret thoughts be fair—
They have a vital part—and share
In shaping worlds and moulding fate;
God's system is so intricate.

—*Ellis Wheeler Wilcox.*

Success in Business.

Your real wife is your best "partner" in your business. Your real wife, your complement, or complement (for the divinely wedded man and woman form the complete whole), is, if not now by your side physically, in existence somewhere, either in the material or spiritual world. If she be with you here materially, she will prove herself by taking a live interest in your business, and in all that concerns your welfare. If you heed her intuitions, her impressions, for good or ill, regarding individuals with whom you deal, her feelings for or against your proposed acts, her suggestions regarding future advancement, things will go well with you. If you sneer at her impressions, opinions, or suggestions, as a "woman's fancies," if you take the reins entirely in your own hands, assuming, as some men do assume, that women "know nothing about business," and that her place is entirely within the domain of the house, if in so doing you repress her speech and snub her into silence, you cripple your strongest aid; you blur and blind the feminine eye, which, if rightly used and trained, will always see in advance farther than the masculine, and in so doing give to her husband the idea, plan, or suggestion, which he alone can work out.—*Prentice Mulford.*

"Faith that increaseth, walking in light;
Hope that endureth, happy and bright;
Love that is perfect, casting out fear;
These shall insure thee a happy New Year."

Poems Unwritten.

There are poems unwritten and songs unsung,
Sweeter than any that ever were heard—
Poems that wait for an angel tongue,
Songs that but long for a Paradise bird.

Poems that ripple through lowliest lives—
Poems unnoted and hidden away
Down in the soul where the beautiful thrives,
Sweetly as flowers in the hours of May.

Poems that only the angels above us,
Looking down deep in our hearts may behold—
Felt, though unseen, by the beings who love us,
Written on lives as in letters of gold.

Sing to my soul the sweet song that thou livest!
Read me the poem that never was penned—
The wonderful idyl of life that thou givest
Fresh from thy spirit, O beautiful friend!

—Mary H. C. Booth.

For Mental Science Magazine.

Man.

G. I. BETTS, M.D.

Whence? What? and Whither? These are questions of interest. The phenomenon of conscious existence stands before our gaze, but origin and ultimatum of our being bewilder us.

The affirmations of Nature and the deteriorations of science fail to solve the equations. Knowledge is limited to the simple facts of being, and to a complex mode of present existence. But to all is the right to inquire, reason and speculate concerning these subjects. Now, whatever of doubt or uncertainty we may entertain as to the divine authenticity of the Bible, as a revelation from God to man, there is perhaps no source of knowledge so commanding, so generally explored, or so capable of furnishing to the honest inquirer partial or complete knowledge on these subjects as the Bible. To millions of intelligent and honest thinkers it is the *infallible* book. Its utterances command attention, even though they may not in all compel convictions. Much, indeed, depends upon a rational interpretation of its teach-

ings. Claiming, as it does, to be a revelation of God to man, we instinctively turn to it in search of knowledge concerning human origin and destiny.

Has it anything to offer on this question? It certainly has; and when rightly interpreted cannot fail to command respect, if not complete satisfaction.

The first mention of man is in Gen. i., 26, 27: "And God said, Let us make man in our own image, after our likeness, and let him have dominion over the fish of the sea, and over the fowls of the air, and over the cattle, and over all the earth, and over every creeping thing upon the earth." "So God created man in His own image; in the image of God created He him. Male and female created He them." Here we have a long and comprehensive statement of the origin of man—his place, powers and prerogatives in this mundane life.

Let us now try to obtain a rational interpretation of this brief statement.

The first item of great interest in the statement is the *source* of his origin—a direct product of God's creative energies. "Let us make man." "So God created man." "Male and female created He them."

Not a *development* or evolution, but something *created*; and produced not out of pre-existing elements, but the sublime output of God's wisdom, power and goodness, all combined in the expression. But the point of most profound interest is the fashion of man's making, and the qualities which must be found in his being, provided the statement be true that he was created "in the image and likeness of God." Here opens a wide field of speculation. The limits of this article admit of but few points of analogy, as found existing between man and his creator. God is Spirit. A man made in His image and likeness therefore must be *Spirit*. Of man we claim that there is absolute *likeness* of being.

Man is Spirit—free, intelligent spirit—and in this tremendous fact is found the

only and all-sufficient argument and evidence of man's everlastingness. God is Spirit, Eternal. Man is like Him in this respect, therefore immortal.

This is the only rational basis on which we predicate our hope of everlasting life. Because God is Eternal, and because man is created in His likeness, therefore man is eternal or immortal.

Again, God is a Creator. "In the beginning God *created* the Heaven and the earth."

"He spake, and it was done."

"He commanded, and it stood fast."

By His Almightyness worlds, systems and the universe came forth in awful greatness and grandeur; each creation taking its appropriate place in the endless procession of faultless, Divine harmonies. And so, too, man is a creator. In the exercise of his marvelous endowment of creative genius and power, behold the multitude and magnitude of his creations in architecture, sculpture, painting, literature, poetry and prose. In the profession and exercise of this divine prerogative, man, to a marvelous extent, is in the likeness of God. And just here, let me say, is found the source of all the sickness, sin, sorrow and disasters that prevail in the dominion of human experience. Man, as a creator, produces conditions of life and experience.

He can create in himself and others the phenomena called sickness.

He can create fevers, aches, pains, cancers, deformities, and then throw them upon the canvass of his life like terrible realities. He can create hideous monsters with fiery tongues, and poisonous fangs that will bite and torture, torment and tear him to pieces, sights and sounds that will mar the beauty of life and destroy its harmony.

In the exercise of this creative power also he can build a mansion not made with hands; adorn and beautify it with all the perfection of harmony, health and happiness, take up his abode therein, and bid defiance to all the forces in the universe.

This is a kind of omnipotence that inheres in the very constitution of his being. To believe this, to know this way, to understand this truth of being, is the duty and privilege of man, and this is the mission of "Mental Science"—"Christian Science"—that wonderful phase of philosophy and demonstration, engaging the attention of so many at the present time. Its mission, I say, is to help in the appreciation of this truth. It is the Science of *Truth*, as it relates to *life* and *being*.

Now all this line of thought pertains to man in his *essential Spiritual nature*, which is the *Alpha* and *Omega* of his being, such as he originally was, such as he ultimately will be—pure spirit. Like God, having existence independent of so-called matter. Just as he was when first created, and holding intelligent inter-relations with God, and endowed with that majesty, supremacy and dominion expressed in the scriptural quotation at the beginning of this article. God said "have *dominion over every living thing*." You are not a slave but a sovereign.

From this account of man's primeval state, as well as from the nature of his being, my conclusions are that at the first (and for how long I know not) the royal monarch, man, was unencumbered with the grossness of a material body—man was a spirit—pure as he yet will be in time and conditions, called "the world to come."

Now as to how he came to be in his present deteriorated condition as a *complex* (not compound) existence, and the reasons and purposes of his material appendix, I may have something to say hereafter. I have a theory satisfactory to myself, which I have formed.

Milwaukee, Wis.

Whence? Whither? Wherefore? How? Which? Why?

All ask at once, all wait reply.

Men feel old systems cracking under 'em,

Life saddens to a mere conundrum,

Which once religion solved, but she

Has lost—has Science found the key?

—James Russell Lowell.

MENTAL SCIENCE MAGAZINE.

EDITED AND PUBLISHED BY MRS. K. L. SWARTS,
383 WASHINGTON BLVD., CHICAGO.

SUBSCRIPTION IN ADVANCE.

One Year,	\$1.00
Six Months,	.50
Three Months,	.25
SAMPLE COPIES FREE.	

Advertising rates, 10 cents per line of 9 words each. For standing "ads." and special rates, address the Editor. Pubs. wishing to exchange paper or "ads." inform us.

Publishers who insert the above Prospectus in their journals, as a reading item, will be entitled to a copy of the MENTAL SCIENCE MAGAZINE one year for themselves or for any friend, provided a marked copy is forwarded to this office.

Published on the First of each Month.
Entered at the postoffice in Chicago, Ill., as 2d class matter.

EDITORIAL.

New Year Greeting.

DEAR FRIENDS AND PATRONS:—A Happy New Year to you all! A Happy new year! How many million times is this little sentence repeated as the old year rolls away, and what a volume do these little words contain! A happy new year! Alas, how easily spoken, and yet how difficult to realize. Happiness is the end and aim of all mankind, the blessing which we all crave, and the goal for which we are all striving.

Through all the weary centuries past, man has been seeking for happiness in the wrong direction. It has been vainly imagined that wealth and power would bring happiness. Pomp and pride have too long dominated the mind of man, and as a result, we find the people of the world still searching for pleasure in the gratification of selfish desires, and in the pursuit of physical enjoyments.

The advent of Mental Science ushers in the dawn of a new life for men and women; a state of existence in which true happiness alone can be found. Let us rejoice together that we have entered upon another year of this glorious millenium! Let us be happy over the prospect of a rich harvest of mental and spiritual Truth. Let us enter the New Year with renewed

energy in our spiritual work, knowing that it is the Spirit that enjoys, and where there is no spiritual development, there is no true happiness. Let us put all selfish desires and envious feelings from our hearts, and work for the development of those who are earnestly striving for spiritual light.

The New Year brings to the mind new evidence of the ever-changing lights and shadows of human life; new incentives for retrospection; new warning and encouragement for the future, and urges us on to new duties and higher aspiration for the uplifting of our race. New Year's day may be compared to a hill-top where we have stopped to rest; to review the past and contemplate the future. A vision of the past rises before us with its pleasures and pains, its gains and its losses, its triumphs and its failures. Then with our spiritual gaze we may perceive the future with its cares and labors, its rewards and penalties, its incentives and its obstacles before us for the year to come. Out of it all we evolve new thoughts, better resolves and higher motives. It is then that we realize the consequence and the effect of our past deeds and the importance of living up to our highest convictions in future. Let us discard all thoughts of a frivolous, envious or malicious nature, and meet each other with a true feeling of friendship and love, remembering that "God is Love" and that we are all a part of that Great being—that nothing but an earnest effort to develop and enlarge the higher faculties of the mind will cause us to attain a spiritual growth that will dispel all clouds of sadness and drive away the fear of evil which is the source of all sorrow, sin, sickness and death.

In Divine Science there is no old or new year, but one eternal round of mental progress and spiritual development. In the realm of thought time is measured only by the cycles of spiritual unfoldment; each cycle bringing with it the advent of a new and better philosophy, the practice of

which will bring us into finer conditions and more harmonious relations with ourselves and our surroundings.

National Healing Hour.

Dear Readers.—What is needed at the present time in every place and in each home, is an hour set apart from the labors and cares of the day to be observed by all true believers in Mental Science as a national healing hour; an hour for simultaneous thought, in which to invoke the blessings of Divine healing power, and to illuminate the mind and bring us all into harmonious mental and spiritual conditions of universal peace. Those who are in harmony with this suggestion, are invited to join their forces by concentrating their intense desire to bless others and receive a blessing in return, and to select for the hour each Wednesday evening from seven to eight o'clock (local time), and thus through their mental and spiritual co-operation of thought generate a healing and restoring force which could be attained in no other manner.

Out of the oneness of mind and unity of thought in spiritual aspiration, produced by such a course, would arise a power for good which might surpass in its strength any thing yet accomplished in the Divine work, both in healing the sick and inspiring confidence in the multiplied thought to heal and to bless.

We cordially invite the co-operation and correspondence of those who are in accord with this object.

Our Contributors.

To our esteemed and worthy contributors who have helped and are helping to make the MAGAZINE interesting and prosperous, who stand by us in the difficult work of assisting the masses toward clearer light and higher altitudes, we tender our most grateful thanks. O blessed men

and women! surely the reward on your hands will be given unto you. The satisfaction of knowing the good you have done, and can do, will richly reward and compensate you. With your continuance, we expect to make the work a grand success. We need your co-operation and constancy to meet the requirements of our readers and patrons. With your genius, and gems of wisdom, we hope the MAGAZINE will reach the hearts of those who are ever ready to give of their abundance to promulgate the Truth and to save humanity from suffering and disease through the Divine law of love.

We hope to awaken those who are slumbering, to strengthen the weak, cheer the faltering, and stimulate them all to greater exertion, higher endeavors and nobler purposes.

May you all become true leaders and teachers of the race, and enroll your names on the shining list of the world's benefactors.

Readers and Patrons.

Let us all harmonize our efforts and interest, and assist each other in our work. We are always ready to treat with respect any kindly criticism or listen to any helpful suggestion. We desire to make the MAGAZINE a publication of mutual interest to all workers in the Cause; and to this end we invite you to contribute to our columns any thoughts you may deem of interest to each other, and calculated to advance the great system of Truth and Righteousness.

We wish you to feel that the *Journal* is as much yours as ours, and while you look over its pages for knowledge and inspiration you may be impressed with thoughts that you could impart with benefit to others.

Write out your ideas true to your highest intuitions, and we will give place to all that our space will permit. The MAGAZINE will be conducted in the interest of the

masses among whom we wish to spread the gospel of Divine Science in its simplest and plainest form, that it may become of practical use to every person whom it may reach. We appeal to you for encouragement.

No matter how prosperous a magazine may be, it is always in need of new friends—friends who will do missionary work for it. Any one who will buy an extra copy or subscribe for the JOURNAL for a friend, will be doing the work of a good angel. When you have read yours, please loan it to your neighbor, not forgetting weary invalids, tired mothers, your minister, or your doctor.

We especially solicit the support of those who are seeking health and a better understanding of the principles of life.

Please send the names of any persons whom you think will be interested in Mental Science.

We hope to be able to meet the requirements of our readers and continue to give the clearest and best articles relating to Christian Science. We hope to aid all in this branch of reform. We are ready to report the best interest for every locality.

Editorial Fragments.

REMOVAL.—Hereafter my office and residence will be at 337 Washington Boulevard.

Mrs. H. A. Heathwood, President and Teacher of the Chicago College of Metaphysical Science, is doing good pioneer work at Helena, Montana.

Mrs. Esther E. Marion, C. S., of Fowlerville, Mich., has located at 1804 Indiana avenue for the winter. She is an excellent healer and teacher.

Dr. M. E. Congar and wife are spending the winter in Memphis, Tenn. From all reports the South is a good field for metaphysics.

We hope soon to print a series of Bible lessons in the MAGAZINE, from a competent teacher in Christian Science.

Please notice our splendid offer on second page cover "Mind Cure: A New Healing Art," sent post-paid for 10 cents in stamps.

Abbie A. Fletcher, Teacher and President of Fletcher Metaphysical College, gives a Bible reading every Sunday at three o'clock, P. M., at her residence, 10 Campbell Park avenue. Her understanding of the Bible is remarkably clear and spiritual.

Prof. R. A. Campbell, of St. Louis, Mo., is now instructing a class in Mental Therapeutics, or Divine Science, in this city. We were present at two sessions. His teachings are profitable and instructive.

We regret to learn that so good a publication as the *Woman's World* has ceased. Its able editor, Frances Lord, has won laurels from various sources. The lessons she printed in *Woman's World* are embodied in her new book, "*Christian Science Healing*." It also contains other valuable information.

Alphabet of Maxims.

Attend carefully to details of your business.
Be prompt in all things.
Consider well, then decide positively.
Dare to do right, fear to do wrong.
Endure trials patiently.
Fight life's battles bravely, manfully.
Go not into the society of the vicious.
Hold integrity sacred.
Injure not another's reputation nor business.
Join hands only with the virtuous.
Keep your mind from evil thoughts.
Lie not for any consideration.
Make few acquaintances.
Never try to appear what you are not.
Observe good manners.
Pay your debts promptly.
Question not the veracity of a friend.

Respect the counsel of your parents.
Sacrifice money rather than principle.
Touch not, taste not, handle not intoxicating drinks.
Use your leisure time for improvement.
Venture not upon the threshold of wrong.
Watch carefully over your passions.
'Xtend to every one a kindly salutation.
Yield not to discouragement.
Zealously labor for the right:
And success is certain.

—*Baron Rothschild.*

Happy Home.

More than building showy mansion,
More than dress and fine array,
More than domes of lofty steeples,
More than station, power and sway;
Make your home both neat and tasteful,
Bright and pleasant, always fair,
Where each heart shall rest contented,
Grateful for each beauty there;
There each heart will rest contented,
Seldom wishing far to roam;
Or, if roaming, still will cherish
Mem'ries of that pleasant home;
Such a home makes man the better,
Pure and lasting its control;
Home with bright and pure surroundings
Leaves its impress on the soul.

—*Selected.*

Selections from Scientists.

We will find this earth a Garden of Eden when we learn how to live in it. As the bud unfolds her petals to the light of the morning sun, so will earth's Eden unfold its blossom to the light of a perfect life.—*Florence C. Gilbert.*

God pities our woes with the love of a Father for his child—not by becoming human and knowing sin, or naught, but by removing our knowledge of what is not. He could not destroy our woes totally if He possessed any knowledge of them. His sympathy is divine, not human.—*Mary B. G. Eddy.*

The key to all "Reform" lies in a correct understanding of Christian Science. Its principles are easily mastered; no one who accepts them can fail to attain unto the practical results promised all faithful adherents to the Science. Parents, teachers and philanthropists will find in Christian Science the sure method of curing disease, inculcating virtue, and saving from misfortune.—*James Reed.*

The heart is a garden; our thoughts the flowers
That spring into fruitful life;
Have care that in sowing there fall no seed
From the weed of cruel strife.
Oh! loving words are not hard to say,
If the heart be loving, too.
And the kinder the thoughts you give to others,
The kinder their thoughts of you.

—*Nina B. Hughes.*

Christ taught that in origin, nature and office we are from and like our parent, God. God is the Eternal Mind. If we spring forth from the Eternal Mind, we are the thoughts of that Mind. As thoughts are of the nature of and one with their thinker, so are we one with our Original—at-oneness—of one mind.—*Emma C. Hopkins.*

We want above all things to heal the people of their afflictions. We not only wish to make them whole so far as bodily health is concerned, but we desire to heal their unhappiness and to fill their homes with plenty. For there is plenty for all, and no man need be made the poorer by another's gain, provided the other co-operates with the higher expression of the law in supplying bounteously his needs.—*Ada Wilmans Powers.*

In the early dawn send out your desire for Truth, like the bee to gather sweets from every way-side flower, and when it has returned to you again, fill your hive with rarest of golden honey made from the essence of purest thought—your thrilling inspiration caught from the living universe.—*Nellie V. Anderson.*

General Items.

BELLEVUE, MICH.—*Dear Mrs. Swarts:* I enclose for renewal another year. Now a lady's hand is at the helm I shall feel a personal interest in the success of the MAGAZINE; for we should be loyal.

MRS. O. C.

NEWARK, N. J.—I send my answers to "Spiritual Healing Formula." Your book is a great work in its simplicity and condensed truth. It gives the pith of Mrs. Eddy's "*Science and Health*." It is the real essence. The study has a growing power over me, and the help to myself, spiritually, is indescribable. Miss M. C. M.

DAYTON, O.—I was very glad to receive your letter and MAGAZINES. They came unexpectedly, when your time must have been fully occupied with important duties; therefore the surprise and pleasure of being so kindly remembered made me very happy. I will send for the "Formula Text Book" and subscribe for your MAGAZINE very soon. You have the blessings of the suffering. I wish you the highest degree of success in the noble undertaking.

MRS. N. F. C.

To the MENTAL SCIENCE MAGAZINE belongs the first notice, on the principle of "age before beauty" at least, and when we say "age" we realize that no half-Scientific magazine could have stood the test as it has stood it during four years of struggle in a new line of thought.

And now that Mrs. K. Swartz is in the editorial chair, we anticipate for it an unprecedented success, for every such change must point onward and upward, according to the unchanging law of evolution. Send for sample copy and find out what we cannot tell you in so short a space.—*Mustard Seed.*

Mental Science has become an object of profound interest in recent years to many thousands. We do not mean what is ordinarily called psychology science, the study of the mind's organization and functions, but such a knowledge of the relations of mind to matter, or of spirit to body as will enable the human being to be master of the causes which at present burden mankind with disease and suffering. The MENTAL SCIENCE MAGAZINE, published at Chicago, Ill., is an excellent exponent of the efforts so wide spread at the present time to gain this knowledge. We commend it to the reading of those who are interested in this study. It is published monthly at \$1.00 per year.—*The Commercial Bulletin.*

Letters.

MY DEAR MRS. SWARTS:—Please pardon my delay in answering your very kind note. I am heartily glad that the MENTAL SCIENCE MAGAZINE is to continue, and under your control. I believe in women, and am more than glad always when one steps from the ordinary ranks and takes the helm of any enterprise. I have spoken to several of my friends whom I think will write you an encouraging word, and any other help they may have to offer. I am glad you liked the

article in the October number, and I will try to assist by a contribution as often as possible. Please let me know what time in the month you desire them sent in. My subscription, I think, ends soon; I will subscribe again, and hope to bring others. I wish you every success, and, as I know "the fittest survive," I am sure you will succeed.

Yours in Truth,

HORTENSE M. HOPKINS.

Providence, R. I.

HANCOCK, MINN.—*Dear Mrs. Swarts:* The MAGAZINE is a ray of sunshine in my office, and I cannot begin to tell you how very much I have always enjoyed it. If this unreasonable prejudice was only removed, and these excellent minds would investigate and see how great God's divine love and healing power is, they would soon begin to be elevated and their minds widen out into greater usefulness. I always loved my Bible—loved prayer, and yet I never understood God's words as I do now since I began to study *Christian*, or *Spiritual Science*. I thank God that I have been brought to know and feel its sublime truth. It gives *new life* and much real happiness; besides, it enlightens and fills one with so much Christian love, and helps one to forgive their enemies with greater ease. None can take up this sublime study without an increased desire to live nearer to their God. Their hearts go out in love and pity for all humanity. It is a power to draw all Christian people together, and unite the different churches in a bond of love and harmony.

God bless your efforts, and may you have grace to assist you in every good work is the prayer of your unseen friend. DR. C. L. G.

Letter Extracts.

SPENCER, IOWA. Enclosed find stamps for back numbers of the MENTAL SCIENCE MAGAZINE. I wish to distribute them, as it is a good way to spread this splendid and glorious Truth. I shall always endeavor to assist others in this manner, and be a help toward leading them into truer, higher light.

MRS. B. E. C.

WASHINGTON, D. C.—I have read your MAGAZINE with great interest for three years, and feel assured of its real substantial merit. I trust it will still be continued as one of the beacon lights in this our earthly pilgrimage. I will take great pleasure in distributing back numbers of the MAGAZINE, where I think it may result in your special interest and in the general advancement of Truth.

MISS M. C. B.

SUNOL GLEN, CAL.—*Dr. Swarts:* The enclosed is to pay for your Non-Resident Christian Science Course. I do this to pursue one of the grandest systems in which mortal ever engaged. Your MAGAZINE has been to me like the rays of the sun, penetrating to my inner being with light, warmth and comfort. I trust that our dear Mrs. Swarts will continue it in an able, acceptable manner. She has my prayers and best wishes.

Mrs. H. P. P.

LINCOLN, ILL.—Accept thanks for a December copy of your valuable MAGAZINE. I have read it, and find it has the pure ring of Absolute Truth which I am seeking after. I will send a year's subscription. I am intensely desirous to know and fully understand the *Law of Healing* through God's great love. I realize that a true conception of God must save the nation. I discarded drugs long ago, and my strength and power have increased daily, until I am now in able to help all who cry unto me. Leaving all the Master's hand, I believe that bread cast upon the waters will be returned again. H. L. H.

RED OAK, IOWA.—Since taking instructions of you in 1886, I have been constantly growing in *Mental Science*, and have read many books and journals treating of the same; but most of all I prize your MAGAZINE. Enclosed find my subscription and that of a friend for the ensuing year. I expect soon to add other names to the list. I shall ever feel thankful to you for instructions and miraculous healing power, as displayed in myself. Since that time I have treated many cases with wonderful success, where the rules of *Mental Science* were observed and lived up to. A. R.

KELLY'S ISLAND, O.—*My Dear, Dear Friend:* I am very glad to hear from you once again, and to learn of your success. I called several times to see you, before leaving Chicago, but you were always away, and it seemed as if I had lost a good friend. I cannot tell you how happy I was to-day to receive your good letter, full of kind wishes and beautiful thoughts. Please write me as often as you can find time. I have thought of you so much since I left Chicago, which was over a year ago. I am a firm believer in *Mental Healing*. I believe it will restore me to perfect health, for I love the Truth, and will have nothing else. With love and best wishes. S. L.

Words of Encouragement.

Mrs. SWARTS:—I wish you all the success with the MAGAZINE that you could consistently desire. Always recognize that it is God that works in and through you to the accomplishment of His design,

and therefore you will merit neither reward nor punishment, and will not be responsible for the success or failure of the work into which Divine Providence has called you. It is to be regarded as His work, and you are His hand-maid by which He is to accomplish His design. Therefore fear not, but have faith in God, and press onward cheerfully in your pilgrimage.

DR. GEO. E. WHIPPLE.

New York City.

Mrs. KATIE L. SWARTS:—*Dear Friend:* I have just finished reading the December issue of your MAGAZINE, and find it full of good thoughts. The MENTAL SCIENCE MAGAZINE has always been the best publication devoted to Mental Healing, but if the December issue is a forerunner of what it is to become under your management, it will soon outstrip its own record. This is no reflection upon Mr. Swarts' management. And I am sure it could not have fallen into better hands than yours, and that you will make of it an ideal of perfection in Christian Science literature. Wishing you the best of success in the management of the journal, and Heaven's choicest blessings on you and yours, I remain,
Yours in Truth,

CHAS. W. CLOSE.

My Dear Sister:—Attend to all your duties as they arise, whether to God or man, and leave all else to Him and be at peace. He will take good care of to-day. The present is ours; the future is with Him. With God for our friend, and with our duties discharged, we have no occasion for anxiety. He will see to it that needs move in the exact line and order which is best for us. Believe this ye anxious and troubled souls, and be at rest and peace in God. Cast all your burdens upon Him, for He careth for you. We are in His hands, to be led and directed as He sees fit, and as will best contribute to His glory. "As thy day is, so shall thy strength be."

Mrs. M. E. SAMSON.

Ypsilanti, Mich.

Notices.

We regret that many good articles must be left out of this issue for want of space.

We regret to say that the *LOGOS* for December was not published. Its editor expects soon to issue a January number, which will be sent to all those who ordered it as a premium.

EXCHANGE. — For the December (1888) issue of the *MENTAL SCIENCE MAGAZINE* we will gladly give in exchange *two* copies of other dates.

Duplicate copies will be sent to those notifying us of the failure to receive their numbers.

Patrons who are about to change their address will please inform us by the 25th of each month, and thus save loss and expense.

In sending us pay for anything less than 25 cents, two-cent postage stamps will be acceptable. Please do not send special delivery stamps.

AGENTS WANTED in every town and city to canvass for the *MENTAL SCIENCE MAGAZINE* and Metaphysical literature. Write us for terms.

We will send promptly, at the lowest price, any pamphlet or book in Mental Christian Science. Send in your orders with the price given in our list or any other catalogue for these works.

Expiration of subscription is indicated by an X on the WRAPPER. We kindly invite all whose subscription has expired to renew early by remitting the \$1.00, which must always be in advance.

CLASSES in Christian Science, Mind Healing will be formed about the middle of each month. Those wishing to join the class are invited to inform us early.

That most excellent work by J. H. Dewey, M.D., "The Way, the Truth and the Life," is meeting with a rapid sale. It has 400 pages. Price, \$2.00. We will send it on receipt of this amount, post-paid.

SUBJECTS FOR LESSONS IN MENTAL, CHRISTIAN, SPIRITUAL SCIENCE HEALING.

FIRST LESSON.

Intuition, Inspiration, Thinking, Listening and Mental Telegraphy.

SECOND LESSON.

Personality, Impersonality of God, Ego, Identity, Entity spiritually and scientifically explained.

THIRD LESSON.

Conscious and Unconscious states of Mortal Mind and its relation to Immortal Mind.

FOURTH LESSON.

Science of Being. Mind and "Matter."

FIFTH LESSON.

First, Second and Third chapters of Genesis spiritually and scientifically explained.

SIXTH LESSON.

Divine Science method of healing the sick, and Formula.

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